

# WANT TO SPEAK OUT ?

The Queensland Positive Speakers Bureau is holding the following **FREE training day** for individuals living with and/or have been exposed to HIV and/or hepatitis B or C, and who would like to take the first step in becoming a speaker with the QPSB.



“Real life stories told in person by courageous and dynamic speakers living with HIV and/or viral hepatitis, have an impact the printed word can never match.”

Our speakers come from a diverse array of backgrounds and age groups.

Their personal stories are captivating and stimulating.

Ultimately they can make a difference to the choices people make at home, work or play within Australia and while travelling overseas.

**Date:** SATURDAY 13 March 2010  
**Time:** 8.30am to 5pm  
**Venue:** Queensland Assoc. for Healthy Communities  
290 Draper Street Parramatta Park, Cairns  
**RSVP:** (e) [qpsb@qpp.org.au](mailto:qpsb@qpp.org.au) (t) 3013 5509

**Please Note:**

- \* Numbers are limited to 20 people per session; so please register your interest asap
- \* MT/Lunch/AT will be provided
- \* Free off street car parking
- \* Training manuals issued

This **training workshop** will teach you skills in:

- \* public speaking
- \* disclosing your status
- \* preparing and structuring a presentation
- \* dealing with conflict and boundaries
- \* motivation, education and awareness and will provide you with an understanding of the aims and objectives of the QPSB.

The QUEENSLAND POSITIVE SPEAKERS BUREAU works to empower individuals living with HIV and/or viral hepatitis to raise awareness and educate the wider community about the realities of living with HIV and/or viral hepatitis. By doing so, the QPSB aims to break down barriers and reduce discrimination; to bring our communities closer; to motivate and stimulate dialogue between all age groups and demographics -

*to truly make a difference.*

***Book your place today or call us for further info.***

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The Queensland Positive Speakers Bureau is a collaborative partnership between:

