

WHAT IS HEPATITIS C?

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Hep C is a virus that can cause inflammation and damage to your liver. If left untreated it can cause long term liver disease, cirrhosis (scarring of the liver) and liver cancer.



HOW DO YOU GET HEP C?

Hep C is spread through blood-to-blood contact.

Such as:

- Sharing needles or injecting equipment
- Getting a tattoo or piercing at home or in jail.



GETTING TESTED

The only way to know if you have hep C is to get a test.

You can have a:

- Blood test, or
- Finger stick test.

Talk to your local clinic to find out what's available.



GETTING TREATED

Treatment is simple:

- 95% chance of being cured
- Tablets (no injections) for 8 to 12 weeks
- Little to no side effects
- Covered by Medicare and Closing the Gap
- If you have had treatment, you can get hep C again.



LOOKING AFTER YOUR LIVER

You can look after your liver by:

- Getting tested if you have put yourself at risk of hep C
- Eat healthy food
- Reduce or cut out alcohol
- Reduce smoking
- Aim for 30 minutes exercise every day

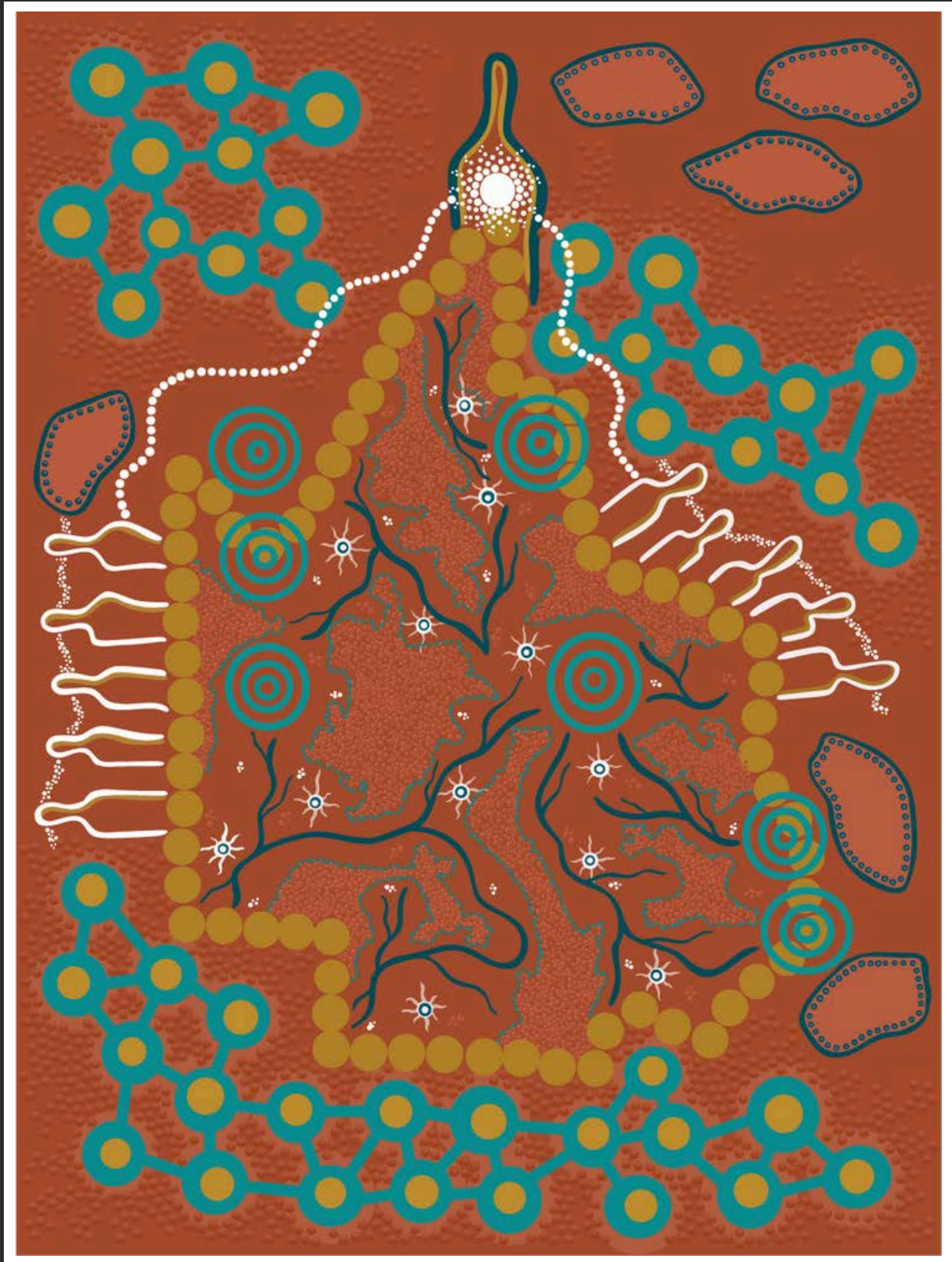
The only way to know if you have hep C is to have a blood test



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Protect our mob from hep C

Hep Check Connect Cure



HAVE A YARN ABOUT GETTING TESTED FOR
HEP C AT YOUR NEAREST CLINIC TODAY

www.hepcheck.org.au